

# - Dr. Bob's Philmont List, Part III -

[2021 Update]

## Pre- and Post-Philmont Personal Equipment List

This list covers 3 days in Colorado, and our standard activities during those 3 days. Note that **we will be in full Scout uniforms during air travel and for our arrival at Basecamp**. You may also be receiving 1 or 2 "Crew T-Shirt(s)" the day we leave for Colorado (this will be our "Class B" shirt).

(1) **Put your name or initials on everything** (and yes, I do mean everything). Pack these items in a small, soft-sided duffel bag or (where appropriate) in your carry-on daypack\*. Pack everything in plastic bags (same as for summer camp). Pack nothing breakable. Small amounts of liquids should be doubled-packed in zip-lock bags for extra protection against leakage. Do not overstuff your daypack\*.

(2) Other than your sleeping bag, foam pad, and pillow, none of the stuff in your backpack should be used during the Pre-Philmont days - leave it all in your backpack. You've (hopefully) packed your backpack very carefully here; you don't want to be pulling things out, contaminating them with food odors in Colorado, and then leaving them behind in the rush and perpetual pandemonium at Basecamp. In order to avoid this common mistake, a number of items in this "Pre-Philmont" list are *intentional* duplicates of items in your backpacks. Note that one complete set of clean clothes should be kept in sealed-tight reserve for when you get off the trail.

(3) Remember, we're traveling in vans - your total luggage cannot be too bulky, or we'll have a devil of a time fitting it (and us) in. Don't be ridiculous. Keep in mind that the only real "down-time" is on the flights out and while traveling in the vans - virtually the rest of each day is filled with program activities. In addition, 90% of our time will be spent either in Class A's, Class B's, or program appropriate clothing; therefore, you don't need more clothing beyond what is listed below.

(4) Carry-on daypacks\* will be going through Airport Security (X-ray for sure, plus hand searches possible). Even Scouts in full Uniforms will be thoroughly screened. [Our checked luggage will also be heavily screened.] Knives, fireworks, or any other illicit material or substance in your daypack will very likely result in your arrest. In addition, airport security personnel now have zero sense of humor with respect to dumbass remarks concerning "hijackings", "bombs", "guns", "terrorists", etc. If you'd like to remain at the airport (and spend half a day with several stone-faced TSA Agents), and then go home (if you're lucky), that would be a great way to ensure just that unhappy scenario.

(5) Your Pre-Philmont luggage will be stored in the vans for the 11 days we're on the trail; beware, they'll be parked on a dusty field in the open sun, with the windows shut - very, very hot! CD's and sensitive electronics may not survive!\*\*

Clothing:

- \_\_\_\_\_ 4 light T-Shirts, socially acceptable, please!
- \_\_\_\_\_ 3 pairs shorts
- \_\_\_\_\_ 1 pair long pants
- \_\_\_\_\_ 5 pairs underwear
- \_\_\_\_\_ 5 pairs white athletic socks
- \_\_\_\_\_ 1 extra pair of Scout socks (keep in reserve for the return trip)
- \_\_\_\_\_ A hat, socially acceptable, please!
- \_\_\_\_\_ Swimtrunks (for whitewater rafting)
- \_\_\_\_\_ An extra pair of sneakers
- \_\_\_\_\_ A light jacket

- Other:
- \_\_\_\_\_ A medium sized daypack\*, with your name on it.
  - \_\_\_\_\_ A dirty clothes bag, cloth or mesh, not plastic
  - \_\_\_\_\_ A *personal* flashlight, with new batteries
  - \_\_\_\_\_ Comb
  - \_\_\_\_\_ Personal washing gear (travel size soap, travel size shampoo, razor if needed)
  - \_\_\_\_\_ Toothbrush and a travel size (very small) tube of toothpaste
  - \_\_\_\_\_ Deodorant/Antiperspirant
  - \_\_\_\_\_ A bath towel
  - \_\_\_\_\_ Your wallet (Note - Should be stripped down to the minimum necessary, in case you lose it.)
  - \_\_\_\_\_ **Photo ID (Required for EVERYONE for Airline Travel!)**

- Optional:
- \_\_\_\_\_ Keys (if necessary; again, should be stripped down to the minimum necessary)
  - \_\_\_\_\_ Medications (if any); **if prescription, a 2nd set must be carried by an Advisor; if you need to carry an epi-pen, a second MUST be provided to the Advisors!**
  - \_\_\_\_\_ Sunglasses
  - \_\_\_\_\_ “Croakies” or some other similar means for keeping glasses on your head
  - \_\_\_\_\_ Electronics \*\* **Note - Scouts are limited to one CD each.**
  - \_\_\_\_\_ Reading materials (big, heavy books are NOT recommended)
  - \_\_\_\_\_ Personal camera; for non-trail use only
  - \_\_\_\_\_ Aqua-socks (for Whitewater Rafting)
  - \_\_\_\_\_ Cell Phone – In accordance with the trip policies established by the adult leaders
  - \_\_\_\_\_ Cell Phone Charger (either 110v or 12v) or a fully charged power-pack

**Important!** - Each item (daypack, duffel bag, and backpack) must have a 3x5 card inside that has your full name and contact information written on it, legibly. If you do not do this, you have very little chance of ever getting it back if it’s misplaced. Put the card in an outside pocket where it would be found quickly by airline personnel looking for it. For checked items (backpack and duffel bag), the card should also list the cell number of the primary Adult Advisor on the trip; that way, if it’s mis-routed between Arlington and Colorado, and then found, the airline can call us - hopefully in time to get your gear delivered before we head out on the trail. **Our airline did lose some gear on a mid-90’s trek!**

\* If we travel by air on an airline that doesn’t provide food, we will have a carry-on breakfast and an EMPTY water bottle in our daypacks. Be sure to have adequate room in your daypack for these items. Note that your water bottles can be filled at water fountains AFTER we have passed through the security checkpoint (if you prefer, you can also buy water or other bottled beverages (for example, Gatorade) beyond the security checkpoint).

\*\* As your primary Adult Advisor, I infinitely prefer that we actually talk to each other versus solitary confinement listening to private music devices or playing private electronic games. The vans should have CD players; I don’t object to group enjoyment of halfway decent music. By now, you are aware that I will listen to just about anything music-wise - so long as the language doesn’t get too ridiculous and the themes don’t involve putting down and/or killing off half the human race. Be reasonable in your musical selections - leave the Gangsta-Rap and similar garbage at home. Absolutely no personal electronics (except adult cell phones) will be allowed on the trail - and adults are strongly encouraged to limit cell phones to two per Crew and for emergency use only.

Questions, please email me....

- Dr. Bob