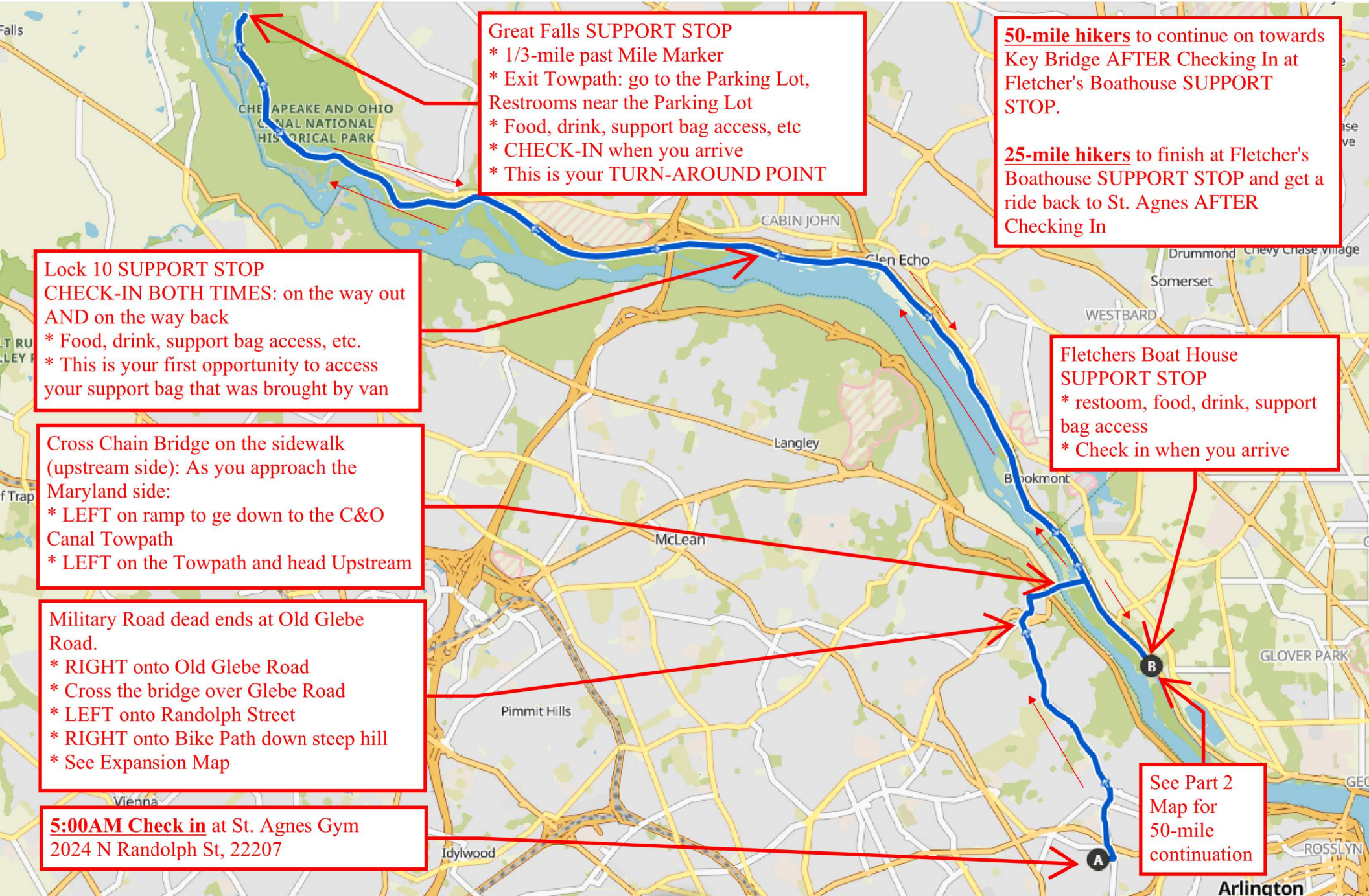


Alonzo Stagg 25-Mile Hiking Route

Alonzo Stagg 50-Mile Hiking Route - Part 1: St. Agnes to Fletcher's Boathouse 2024



Great Falls SUPPORT STOP
* 1/3-mile past Mile Marker
* Exit Towpath: go to the Parking Lot, Restrooms near the Parking Lot
* Food, drink, support bag access, etc
* CHECK-IN when you arrive
* This is your TURN-AROUND POINT

50-mile hikers to continue on towards Key Bridge AFTER Checking In at Fletcher's Boathouse SUPPORT STOP.
25-mile hikers to finish at Fletcher's Boathouse SUPPORT STOP and get a ride back to St. Agnes AFTER Checking In

Lock 10 SUPPORT STOP
CHECK-IN BOTH TIMES: on the way out AND on the way back
* Food, drink, support bag access, etc.
* This is your first opportunity to access your support bag that was brought by van

Cross Chain Bridge on the sidewalk (upstream side): As you approach the Maryland side:
* LEFT on ramp to go down to the C&O Canal Towpath
* LEFT on the Towpath and head Upstream

Military Road dead ends at Old Glebe Road.
* RIGHT onto Old Glebe Road
* Cross the bridge over Glebe Road
* LEFT onto Randolph Street
* RIGHT onto Bike Path down steep hill
* See Expansion Map

5:00AM Check in at St. Agnes Gym
2024 N Randolph St, 22207

Fletcher's Boat House SUPPORT STOP
* restroom, food, drink, support bag access
* Check in when you arrive

See Part 2 Map for 50-mile continuation